

February

Rides & Activities

Club bicycle rides are open to all who wish to participate.
We request that bicyclists use safe riding techniques (see [Tips&Stuff](#)).
The use of a helmet is strongly recommended. We encourage new riders to join OSW.
MOST RIDES DO NOT GO IN RAIN, CONTACT RIDE LEADERS TO CONFIRM.

Leisurely = 9-11 M.P.H. Low Moderate = 11-13 M.P.H.
Mid Moderate = 12-14 M.P.H. High Moderate = 13-15 M.P.H.
Brisk = 15-18 M.P.H. Fast = 18-plus M.P.H.

Sat. Feb. 4 **Hike in Howland** Meet at the west end of the park at 10:00am. We'll hike for a couple of hours and cross the Bridge to Nowhere. Parking can be reached by turning on Clifton Dr. (off E. Market St. in Howland). Call John Zenobile at 330- 509-2580.

Sun. Feb. 5 **Mill Creek Hike With the Howleys** Meet at the Newport Wetlands parking lot at 11:00am. We'll hike around Lake Newport (around 5 miles) and then have lunch afterwards. Call Ed or Barb at 330-793-8219.

Wed. Feb. 8 **Monthly Meeting**

Fri. Feb. 10 **Friday Night Out** Tonight we'll be dining out at the Elmton (584 5th St. in Struthers). Reservations must be made by Thursday, February 9th. Call Paula Kohler at 330-533-6299.

Sat. Feb. 11 **Mosquito Lake Hike** Meet at the Mosquito Lake parking lot (Main St. In Cortland) at 10am. We'll hike up to 5 miles over easy terrain, and have lunch afterward. Call John Zenobile at 330- 509-2580.

Sun. Feb. 12 **Senior Citizen Mountain Biking** We'll meet at the College St. entrance of Poland Woods at 11 AM. We'll show everyone our bones aren't that brittleyet. Nothing too strenuous or challenging, just making some tracks in the snow and laughing at each other. Lunch afterward. For directions, encouragement, or a dare call John McCormick 330-755-7105.

Sat. Feb. 18 **St. Valentine Hike** If you love hiking in winter, even in snow and cold, join us for a nice all terrain hike from Wick Recreation Area(Rocky Ridge)in Mill Creek Park. We'll meet at 11 a.m. in the parking lot near the Par 3 golf course and the old ice rink off McCollum Road on Youngstown's west side. Wear appropriate clothing and hiking footwear. Might even like to bring a hiking stick. Some of the hike will be on trails, cross country and roads. We'll likely be out a couple of hours. Dress warmly. Lunch stop. Questions call Ode 330-743-4250.

Sun. Feb. 19 **Poland Woods Hike** Meet at 10:00 behind Poland Library (Rt. 170). We'll hike for a couple of hours or so and then do lunch at O'Charley's. Call Gary Miller at 330-540-2330.

Sat. Feb. 25 **Hopewell Furnace Hike** Meet 11 AM at Yellow Creek Park in Struthers. We'll hike the beautiful gorge to the ruins of the very first iron-making furnace in our Valley. About three miles, with tricky scrambling on the steep hillsides. Nice lunch afterward. Call Frank & Peg Krygowski, 330-757-9057.

Sun. Feb. 26 **Salem Sunday Afternoon Ride** Meet at 2nd St. public parking lot (Between Lincoln & Ellsworth Aves, across from old AAA bldg.) at 1:30pm. 30+ flat to rolling miles at low-moderate to mid-moderate pace. We'll be taking it fairly easy this time of year. Weather and road surfaces permitting. Call Jerry King at 330-398-2927.