

Fresh Air

OutSpokin' Wheelmen

August 2018

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Editor's Note: If your Fresh Air did not get to you, please check your address/status with our Membership Chair Jan McWilliams (janicmcw@att.net), to be sure it is current. Every month a new list of addresses is sent to the editor to send out that issue.

Secretary's Notes July 11, 2018

OSW Meeting

Mary welcomed all members and Kenneth Davidson, guest of Brian Murphy.

Mary called the meeting to order and called for a motion to accept the minutes of the June 13th

meeting. Greg Merritt made the motion and seconded by Lee Swan. All were in favor to accept the minutes as written.

Executive Board Reports

President – Mary Merritt had been contacted by Jim Brock of the Youngstown Business Journal for a article that he is doing on cycling clubs in the area. Mary and Ed Howley gave quotes for the article.

Vice President – Neil Betts – no report

Treasurer – Lyn Baker reported the beginning balance was 14,121.28 and ending balance is 13,865.98. See financial report for details.

Secretary – Lori Swan – no report

Trustee- Ed Howley reported that a order for club jerseys can be placed as soon as they reach 5 orders. Let Ed or Neil know if you want to place a order.

Committee Reports

Bikeways- Neil Betts – no report

Historian- Lark Dickstein – no report

Membership – Jan McWilliams reported that several new members joined the club. A few members had sent in their renewals.

Mileage – Rick Huggins- no report

NEOC- a chairman is still needed

Bill Adams updated the registration form. Mary had the registration forms available to be handed out to the local bike shops, Mary also printed the ride maps for NEOC. Boardman Subaru will donate a 100 cash prize and will have a car on display that day. ORE will set up a maintenance station and offer

a prize for giveaway. Trailside Bike shop and Donna's Bike shop will donate prizes for the giveaway. Juli Boles and Mary Merritt will do SAG. Dave Hughes and Ed Howley will be in charge of painting the roads.

Newsletter- Kelley Walker reported deadline is July 20th.

Frank suggested that the ride schedule be scaled down by repeated rides listing dates of the ride.

Program – Steve Duchene suggested at the May meeting that a Tech Day be set up, Mary is waiting to hear back from Steve.

Ride Captain – Juli Boles – no report

Safety – Frank Krygowski reported a increase in bike accidents in protected bike lanes at intersections.

SICCO-Dave Hughes – no report

Social – Nalungo Adumo – no report

Website – Mary has been working with Club Express to get the web site closer to going live.

Old Business

The Board discussed Dave Hughes suggestion for a donation of 1,000 for 4 trails. The Board is suggesting that the club organize a fundraiser and give all the money to the trails. It was also suggested that a smaller amount be donated. Frank Krygowski is going to write a letter to the Editor at the Vindicator. Further discussion at the next meeting.

The club picnic discussion has been tabled to next month.

New Business

The Board would like to have a club policy in place stating that riders doing club rides be required to wear helmets. Stated in the by-laws regarding safe riding and including helmets. Lyn is going to check with our insurance company on coverage of riders who ride with no helmet. There was much discussion for and against the policy. The discussion has been tabled till Lyn talks to the insurance company.

Ed Howley made a motion that the club pay for the President, Vice President, Treasurer and

Secretary's banquet meal. Lyn Baker made a motion for the full Executive board have their meals paid for, Paula Kohler seconded the motion. All were in favor to accept this motion.

Mary reported that she had talked to John Nagy and he is feeling better. John is walking up to a half mile with a cane and it will be a long road to recovery.

Prizes were given out.

Paula Kohler made a motion for adjournment and seconded by Ed Howley

Innovative" bike facilities: What's wrong with weirdness? Part I By Frank Krygowski

As OSW Safety Chairman, I've said a lot about being skeptical of weird bike facilities.

First, I don't believe weirdness is needed. I have decades of riding experience, I've studied bike issues, I've seen tons of data, and I know that competent riding on ordinary roads, following the normal rules of the road, is extremely safe. It's literally safer than not riding at all, since bicycling's benefits far outweigh its tiny risks.

Second, I don't think weird facilities (otherwise known as "innovative") necessarily make riding safer. Traffic needs clear rules that everyone knows and understands. When "innovation" is thrown in, the rules change and people get surprised. "Think quick! Here's a surprise bicyclist!" is a recipe for disaster.

But there are hundreds of bike advocates who disagree. They love "innovation" and think that stodgy old engineers are harming bicycling. Their mantra seems to be "Every bike facility is a good bike facility." They've pushed for bike lanes even in door zones. (Surprise! A door is going to pop open right in front of your bike!) They've pushed for hidden "cycletracks." (Surprise! A fast bicycle is popping into an intersection from behind parked cars!) They seem to say "Hey, it's innovative! What could go wrong?"

Here's a report on what has gone wrong.

First, let's talk bike boxes. These are green painted boxes all the way across a traffic lane, just before the crosswalk stripe. Several years ago, Portland painted these at eleven intersections. Why? To prevent the "right hook" deaths that the bike lanes near the curbs had caused, when vehicles turned right and ran over straight-ahead cyclists. Supposedly, the boxes would mean a cyclist could pass cars at a red light on the right, then safely sit out the red light directly in front of the cars, nice and visible - and, um, never mind what happens if the light is green.

So how did it work out? Well, more people did ride their bikes, probably because they were told the boxes were safe. But in the four years after the bike boxes, there were twice as many right hook collisions at those intersections. (See tinyurl.com/portl-box)

Why didn't the bike boxes work? Because the cyclists felt safe passing on the right when the light was green. And because it's very difficult for a right-turning motorist to look back over his right shoulder for passing bikes, while steering around the curve and also watching for pedestrians up ahead. All this is just what the bike safety experts from around the country had been saying! But those stodgy old guys just aren't innovative, you know?

New Members

No rides in inclement weather.

Mileage Report

Here are this month's mileage leaders!

Rank	(Last Name, First)	Total Miles	Rides
1	King, Jerry	2227	45
2	Hughes, David	1596	38
3	Murwin, Bob	1464	44
4	McCuen, David	1420	41
5	Baker, Lyn	1310	40
6	Henderson, Jack	1207	24
7	McWilliams, Janice	1192	34
8	Cameron, Rich	994	28
9	Boles, Juli	756	27
10	Kravec, Ed	641	12
11	Walker, Kelley	621	22
12	Howley, Ed	592	22
13	Howley, Barb	519	19
14	Thomas, John	518	20
15	Daniel, Jerry	492	16
16	Rigby, Ed	441	16
17	Crown, Ken	437	17
18	Rothburst, Ed	430	17
19	Terry, Jennifer	427	16
20	Ickes, Jeffrey	421	8

Wed. Aug 1 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. Call Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Aug 1 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 234-567-5778.

Wed. Aug 1 Meet at the Mosquito Lake Beach at 5:15 PM. Pace mid to high moderate. Estimated distance is 25 to 35 miles. No ride in lightning or temperatures above 95 degrees. Call Kelley Walker at 330-505-3573.

Club Data	Current YTD	Prior YTD
Total Club Miles	25086	38136
Ride Participations	751	1011
Average Ride Length	33.4	37.7
Active Riders YTD	77	89

Thur. Aug 2 Meet 10 AM at Bogey's, 3535 Upland Rd., Lowellville, Oh for 20-25 miles low moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-57700 or John Thomas 330-609-9807.

Do you want to receive Ride Report messages and mid-month Ride Schedule updates via email? Send your email address to RickHuggins@prodigy.net and be sure to add my email address to your "safe sender" list so the updates aren't blocked by your spam filter. - Rick

Thur. Aug 2 Meet 5:30 pm. New start point is new playground trail head on Rt 46 just down from the Canfield experimental farm park lot, low mid mod pace for 25 to 35 miles on trail and/or road. Tony Rothbrust 330-337-0798.

August Rides + Activities:

Speeds: Leisurely: 9-11, Low-moderate:11-13, Mid-moderate:12-14, High-moderate:13-15, Brisk:15-18, Fast: 18+ mph

Rides should be submitted to our ride captain Juli Boles at harleyj@roadrunner.com

Please note: The printed schedule is subject to change. Please check the ride schedule on the website for additions or cancellations. Our ride captain also sends out email updates of the schedule. Contact Rick to be added to the update email list.

Fri. Aug 3 Presque Isle / Erie Bay Front Bike Ride _Meet at the Tom Ridge Environmental Center, 301 Peninsula Drive # 1 (RT 832 at the Entrance to Presque Isle) Erie, Pa 16505 at 9:30 a.m. for a picturesque 40 to 50 mile ride led at mid-moderate pace around Presque Isle and the Erie Bay Front with a lunch stop at one of the waterfront restaurants after the ride. Call ride

leader Neil Betts at 330-240-2271 for information or car-pooling. Call if weather is questionable.

Fri. Aug 3 Meet 9am Canfield experimental farm parking lot for 40 plus miles mid moderate pace. David Hughes 330-692-2468.

Fri. Aug 3 Meet Kirk Road trail head for ride leaving at 6 PM and riding to Niles on the trail and back for 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sat. Aug 4 Carrollton-Salineville Century Leaves from 2nd St. public parking lot in Salem (Between Lincoln & Ellsworth Aves.) at 8am. This is a hilly ride. There will be a couple breaks along with a short lunch stop. 100+ miles at hi-moderate to brisk pace, Call Jerry King at 234-567-5778.

Sun. Aug 5 Sunnyside Trail, Rt 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. No ride rain. Karen Clarke 330-647-5805 or Nancy Vasel 330-984-3800.

Mon. Aug 6 Meet Hartford, Oh twp park at the intersection of Rt 7 and Rt 305 at 5:30pm. Mid-moderate pace 25+ miles on backroads of Hartford, Fowler, Orangeville. Few small hills. No rides in rain. (Parking by playground) Ed Rigby 330-423-7316.

Tue. Aug 7 Hill Repeats (Note different day) Leaves the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 234-567-5778 jdkingphoto@gmail.com

Tues. Aug 7 Meet 3:30 pm at Mill Creek Golf Course overflow parking lot across from the golf course for 25-30 miles in and out of park. High

moderate to brisk pace.. Rich Cameron 724-714-7928.

Tues. Aug 7 Meet 6 PM at the Mill Creek Golf Course overflow parking lot across from the golf course for a 15-20 mile ride through and around the park at low-mid moderate pace.. Call Ed Howley 330-770-1489 if in doubt.

Wed. Aug 8 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Call Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Aug 8 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 234-567-5778

Wed. Aug 8 OSW meeting Davidson Restaurant, Canfield, Oh. Social time 6pm with dinner and meeting at 7pm.

Thur. Aug 9 Meet 10 AM at Bogey's, 3535 Upland Rd., Lowellville, Oh for 20-25 miles low moderate pace. Park in rear. Lunch after ride. Leaders John McCormick [330-942-57700](tel:330-942-57700) or John Thomas [330-609-9807](tel:330-609-9807).

Thur. Aug 9 Meet 5:30pm. New start point is new playground trail head on Rt 46 just down from the Canfield experimental farm park lot, low mid mod pace for 25 to 35 miles on trail and/or road. Tony Rothbrust 330-337-0798.

Fri. Aug 10 Meet 9am in Orwell, Oh at Welded Tubes parking lot for mid moderate pace of 60 miles

riding Rt 193 north to Rt 531 and follow route to Walnut Beach alongside Lake Erie. Return by way of Greenway to Orwell. David Hughes 330-692-2468.

Fri. Aug 10 Dinner night will be at Selah's at 7 pm, located at the old Dollar Bank building by the RR tracks in downtown Struthers. Dinner will be in the alleyway with entertainment by the John Reese Trio. If there is a threat of rain, dinner will be inside. They have GREAT desserts! Please call Paula for reservations by Wed August 8th.* Limited number. 330 533-6299

Sun. Aug 12 Sunnyside Trail, Rt 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. Karen Clarke 330-647-5805 or Nancy Vasel 330-984-3800.

Mon. Aug 13 Hill Repeats Leaves the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 234-567-5778 jdkingphoto@gmail.com

Mon. Aug 13 Meet at Kirk Rd trailhead at 9 AM for 30-35 miles at low to mid moderate pace both on and off the bike trail. (Call if weather questionable) Call Barb or Ed Howley [330-793-8219](tel:330-793-8219).

Mon. Aug 13 Meet Hartford, Oh twp park at the intersection of Rt 7 and Rt 305 at 5:30pm. Mid-moderate pace 25+ miles on backroads of Hartford, Fowler, Orangeville. Few small hills. (Parking by playground) Ed Rigby 330-423-7316.

Tues. Aug 14 Meet 3:30pm. Mill Creek Golf Course overflow parking lot across from the golf course for

25-30 miles in and out of park. High moderate to brisk pace.. Rich Cameron 724-714-7928.

Tues. Aug 14 Meet 6 PM at the Mill Creek Golf Course overflow parking lot across from the golf course for a 15-20 mile ride through and around the park at low-mid moderate pace. Call Ed Howley 330-770-1489 if in doubt.

Wed. Aug 15 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so.. Call Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Aug 15 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 234-567-5778

Wed. Aug 15 Meet at the Mosquito Lake Beach at 5:15 PM. Pace mid to high moderate. Estimated distance is 25 to 35 miles. No ride in lightning or temperatures above 95 degrees. Call Kelley Walker at 330-505-3573.

Thur. Aug 16 Meet 10 AM at Bogey's, 3535 Upland Rd., Lowellville, Oh for 20-25 miles low moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-57700 or John Thomas 330-609-9807.

Thur. Aug 16 Meet 5:30pm. New start point is new play ground trail head on Rt 46 just down from the Canfield experimental farm park lot, low mid mod pace for 25 to 35 miles on trail and/or road. Tony Rothbrust 330-337-0798.

Fri. Aug 17 Meet 9am Canfield experimental farm parking lot for 40 plus miles mid moderate pace. David Hughes 330-692-2468.

Fri. Aug 17 Meet Kirk Road trail head for ride leaving at 6 PM and riding to Niles on the trail and back for 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sun. Aug 19 Sunnyside Trail, Rt 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. Karen Clarke 330-647-5805 or Nancy Vassel 330-984-3800.

Mon. Aug 20 Hill Repeats Leaves the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 234-567-5778 jdkingphoto@gmail.com

Mon. Aug 20 Meet Hartford, Oh twp park at the intersection of Rt 7 and Rt 305 at 5:30pm. Mid-moderate pace 25+ miles on backroads of Hartford, Fowler, Orangeville. Few small hills.. (Parking by playground) Ed Rigby 330-423-7316.

Tues. Aug 21 Discover Pittsburgh Ride – Meet at 10:00 am at the Southside Riverfront Park. It is located at the end of South 18th Street (off Carson Street, cross the tracks, turn right and follow the road into the park). Use (11 South 18th Street Pittsburgh, Pa 15203). If there is interest in car pooling and traveling together, or questions please contact ride leader Neil Betts at 330-240-2271. 40 to 50 miles at low to mid moderate pace on flat paved trails / lunch stop during or after the ride determined by group. We will stop back at our starting point halfway thru the ride for those people who are unable do the full ride. Wonderful scenic ride. call if weather is questionable.

Tues. Aug 21 Meet 3:30pm. Mill Creek Golf Course overflow parking lot across from the golf course for 25-30 miles in and out of park. High moderate to brisk pace. Rich Cameron 724-714-7928.

Wed. Aug 22 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. Call Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Aug 22 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 234-567-5778

Wed. Aug 22 Meet at the Mosquito Lake Beach at 5:15 PM. Pace mid to high moderate. Estimated distance is 25 to 35 miles. No ride in lightning or temperatures above 95 degrees. Call Kelley Walker at 330-505-3573.

Thur. Aug 23 Meet 10 AM at Bogey's, 3535 Upland Rd., Lowellville, Oh for 20-25 miles low moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-57700 or John Thomas 330-609-9807.

Thur. Aug 23 Meet 5:30pm. New start point is new playground trail head on Rt 46 just down from the Canfield experimental farm park lot, low mid mod pace for 25 to 35 miles on trail and/or road.. Tony Rothbrust 330-337-0798. Fri. Aug 24 Meet 9am at 135 Lake Ave NW, Massillon, OH ride to Akron on Tow path. Short lunchtime break in Akron. Return to Ernies' Bike shop and for those interested will take a 3 mile canoe trip down the Tuscarwas river. Bike ride is 50 miles, moderate speed, no drop ride. Call David Hughes if questions 330-692-2468.

Fri. Aug 24 Meet Kirk Road trail head for ride leaving at 6 PM and riding to Niles on the trail and back for 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

Sun. Aug 26 Sunnyside Trail, Rt 305, Champion, Oh. Ride at 9 AM, mid-moderate pace for 30 miles on trail. Karen Clarke 330-647-5805 or Nancy Vasel 330-984-3800.

Mon. Aug 27 Hill Repeats Leaves the Leetonia trailhead at 9:00am for hill repeats on some of the vicious hills along the Lisbon Greenway. We'll do slow recovery in between averaging a mid-moderate pace. 40+ miles. Call, text or email the night before to make sure the ride is a go. Jerry King 234-567-5778 jdkingphoto@gmail.com

Mon. Aug 27 Meet at Kirk Rd trailhead at 9 AM for 30-35 miles at low to mid moderate pace both on and off the bike trail. (Call if weather questionable) Call Barb or Ed Howley 330-793-8219.

Mon. Aug 27 Meet Hartford, Oh twp park at the intersection of Rt 7 and Rt 305 at 5:30pm. Mid-moderate pace 25+ miles on backroads of Hartford, Fowler, Orangeville. Few small hills (Parking by playground) Ed Rigby 330-423-7316.

Tues. Aug 28 Meet 5:30pm. Mill Creek Golf Course overflow parking lot across from the golf course for 25-30 miles in and out of park. High moderate to brisk pace. Rich Cameron 724-714-7928.

Tues. Aug 28 Meet 6 PM at the Mill Creek Golf Course overflow parking lot across from the golf course for a 15-20 mile ride through and around the park at low-mid moderate pace. Call Ed Howley 330-770-1489 if in doubt.

Wed. Aug 29 Meet Mosquito Lake beach parking lot at 10 AM for low moderate ride. About 20 miles or so. No ride in rain. Call Rose 330-399-6141 or John Thomas 330-609-9807.

Wed. Aug 29 Salem Wednesday Ride Leaves from 2nd St. public parking lot (Between Lincoln & Ellsworth Aves.) at 4pm. 50+ miles at brisk pace, with only short breaks until just before dusk. Maybe a "B Group" if we have the riders?? Rides vary from fairly flat, to rolling, to downright hilly depending on the day and who shows up. Call Jerry King at 234-567-5778

Wed. Aug 29 Meet at the Mosquito Lake Beach at 5:15 PM. Pace mid to high moderate. Estimated distance is 25 to 35 miles. No ride in lightning or temperatures above 95 degrees. Call Kelley Walker at 330-505-3573.

Thur. Aug 30 Meet 10 AM at Bogey's, 3535 Upland Rd., Lowellville, Oh for 20-25 miles low moderate pace. Park in rear. Lunch after ride. Leaders John McCormick 330-942-57700 or John Thomas 330-609-9807.

Thur. Aug 30 Meet 5:30pm. New start point is new playground trail head on Rt 46 just down from the Canfield experimental farm park lot, low mid mod pace for 25 to 35 miles on trail and/or road. Tony Rothbrust 330-337-0798.

Fri. Aug 31 Meet Canfield parking lot (experimental farm?) 9am for 50 mile ride to West Branch lake (pace?). Will take time to rent kayaks for short ride on lake for those interested. About one hour break. Call David Hughes if questions 330-692-2468.

Fri. Aug 31 Meet Kirk Road trail head for ride leaving at 6 PM and riding to Niles on the trail and back for 20 miles low to mid moderate pace. Gregg Merritt 330-383-5994.

