

## SPRING IN COLUMBIANA COUNTY OHIO SUNDAY, MAY 7, 2023

SICCO (pronounced Sick-O) stands for Spring in Columbiana County Ohio. This ride began in 1995 and is a favorite for area cyclists to welcome in spring. The route is a flat to rolling 35 mile loop through small towns and beautiful countryside including the Little Beaver Creek Greenway Trail. There is a snack stop at the rail station in historic downtown Lisbon. At the end of the 35 mile loop, you get a delicious Pizza Hut lunch. After refueling, try the optional rolling to hilly 28 mile loop for a total of 63 miles.

SICCO begins at Firestone Park (347 E. Park Ave., Columbiana, OH 44408). Registration opens at 8:00am and closes at 10:00am. First riders out at 8:00am. SAG support ends at 3:00pm.

Questions? Contact Dave Hughes at 330-692-2468

## SICCO GOES SUN, RAIN OR SNOW! HELMETS & FUN ARE MANDATORY!

Please print – fill out completely and sign – one rider per form – photocopies accepted.

Name:	Phone:
	City: State: Zip:
Email:	Emergency contact/phone:
I am over 18 years o	f age (Y/N): Club:
Are you an Out-Spo	kin'Wheelmen member? Yes No How did you hear about SICCO?
COST: \$30.00 (\$35 day of event)	Checks made out to Out-Spokin' Wheelmen, PO Box 1600, Youngstown, OH 44501 OR Register online at outspokinwheelmen.com

## LIABILITY RELEASE

I voluntarily request permission to participate in SICCO, UNDERSTAND THE HAZARDOUS NATURE OF THIS ACTIVITY AND ACCEPT FULL RESPONSIBILITY FOR MY PARTICIPATION AND THE RISKS INVOLVED including, by way of example and not limitation, dangers of collision with pedestrians, vehicles, other cyclists and fixed or moving objects, dangers arising from surface hazards, equipment failure, inadequate safety equipment, the released parties' negligence, weather conditions and the possibility of serious physical and/or mental trauma or injury. I have no physical or mental condition, to my knowledge, which would endanger myself or others, or would interfere with my participation. I have inspected all my personal equipment to be sure it is in good and safe condition. I agree to abide by all applicable laws and regulations and to act in a safe and courteous manner. I acknowledge that it is mandoatory that I wear an ANSI or Snell approved helmet at all times while bicycling in SICCO. In consideration of permission to participate in SICCO for myself, my heirs, executors, administrators, legal and personal representatives, successors, and assigns, I DO HEREBY DISCHARGE, RELEASE, HOLD HARMLESS, PROMISE NOT TO SUE AND INDEMNIFY THE OUT-SPOKIN' WHEELMEN, its officers, volunteers, and any other organizations including sponsors, associations, municipalities, or individuals connected with SICCO from any and all claims, demands, rights, actions or causes of actions of whatsoever kind and nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property and all the consequences thereof which may hereafter be sustained by my participation in SICCO. In addition, I hereby consent to emergency treatment in the event of injury or illness.

Signed (Participant)

\_ Date

Minors: Individuals under 18 years of age must obtain SIGNATURE OF PARENT OR GUARDIAN: By signing this release, I as a parent or guardian of minor participant hereby give permission to the terms of the above release. (Note: CHILDREN under age of 16 must be accompanied by Parent or Guardian).

Signed (Parent of Guardian) \_